



TRANSFORM FORTH VALLEY

Compassion • Inclusion • Respect • Partnership

Transform Forth Valley is dedicated to empowering individuals and families to live a more fulfilled life.

We work with partners to actively challenge inequalities and to achieve sustainable change.



Who are we?

Transform Forth Valley offer a wide range of services to support individuals and families who are impacted by substance use and/or societal, financial or health inequalities.

What do we do?

We respond to identified need in Forth Valley and in partnership we support individuals and families to tackle Inequalities that diminish life chances.

We consider the whole person, building a firm foundation from which an individual or family can achieve positive and lasting change.

How do we do it?

We engage with people at the earliest opportunity to prevent issues from worsening.

We provide direct intervention and support to meet personal objectives.

We work in partnership and provide coordination to ensure all needs are being met.

Aims and objectives

- Identify and support the most vulnerable and hard to reach individuals in Forth Valley.
- Develop the awareness of the impact of substance use on young people, children and families.
- Increase self-confidence, self-management and self determination.
- Improve access to the right support services.
- Work in partnership to achieve better life chances and improved outcomes.

How can you access us?

Our range of services are introduced overleaf including their criteria for referral and contact details.





TRANSFORM FORTH VALLEY SERVICES

You can contact Transform Forth Valley on:

Tel 01259 272112 or Secure Email fv.transformfv@nhs.scot



The Assertive Outreach Plus Service

The Assertive Outreach Plus Service operates a Mobile Outreach Vehicle across the Forth Valley, and with a focus on prevention and early intervention. It uses an intense harm reduction approach, targeting areas such as those being used for public alcohol consumption, injecting drug use or where near fatal and fatal overdoses have occurred.



Housing First Falkirk

The Housing First team provides secure and settled housing as the first response for individuals with multiple and complex individual needs. Eligibility is simply that the individual is willing and committed to their own tenancy agreement, and the home provided for as long as needed.

Housing First is offered to individuals who have been homeless before but who struggle without additional support.



Self-Neglect and Hoarding

The Self-Neglect & Hoarding Service works across Clackmannanshire and Stirling responding to concerns of hoarding within peoples living spaces.



The Social Inclusion Project

The Social Inclusion Project (SIP) works with individuals over 16 across Forth Valley to enable and empower them to access support and engage with community services. Those accessing the service have experience of problematic substance use, are currently offending or involved with anti-social behaviour and are not on a Justice order.



Time 4 Us

Time 4 Us works across Forth Valley providing support to children and families where they have been impacted by substance use. The service aims to increase parenting capacity, enhance children's self-esteem, confidence and resilience whilst supporting families to stay together, where it is in the child's best interest to do so. To refer into the Time 4 Us service both 'Request for Assistance' and 'Risk Assessment' forms need to be completed.



Time 4 Nature+

The Time 4 Nature+ Service offers therapeutic outdoor sessions designed to enhance mental and physical wellbeing. Using accessible green spaces and guided activities, the service supports individuals to reduce stress, build resilience, and build confidence.



Time 4 Us Early Intervention

The Early Intervention Service works across the Forth Valley area responding to low level concerns which have come to the attention of Police Scotland about children, young people, and families.



Harm Prevention

The Harm Prevention Service is designed to reduce risks associated with substance misuse, vaping, alcohol use, and criminal or sexual exploitation.

