



TRANSFORM FORTH VALLEY

Compassion • Inclusion • Respect • Partnership

Transform Forth Valley is dedicated to empowering individuals and families to live a more fulfilled life.

We work with partners to actively challenge inequalities and to achieve sustainable change.



Assertive Outreach Plus Service

Assertive Outreach Plus works across the Forth Valley area to support individuals over 16, their families, and the local community experiencing challenges whether that be financial, societal or in relation to their health and wellbeing.





Assertive Outreach Plus Service

Who are we?

Assertive Outreach Plus operates a Mobile Outreach Vehicle allowing us to work within any Forth Valley community, and with a focus on prevention and early intervention.

What do we do?

We work with individuals with a wide range of complex issues and often unstable lifestyles, who are either not involved with, or find it difficult to stay engaged with mainstream services. Visiting individuals in their own homes, in community drop ins with partners, street foot patrol or by using the Mobile Outreach Vehicle.

Aim & objectives

- Support individuals and families who experience challenge; either financial, societal or in relation to their health and wellbeing.
- Reduce the risk factors an individual or family may be experiencing and increase the protective factors in their lives.
- To help individuals develop the skills and confidence needed to support recovery.
- Tackle inequality, where life chances are diminished because of deprivation.
- Employ a whole person, systematic and partnership approach to achieving change.
- Identify and reduce barriers to treatment or support.
- Deliver support acknowledging that issues are interrelated and require to be addressed collectively for individual outcomes to be improved.

How do we do it?

Using a holistic approach working in partnership with the individual, AO+ work closely with other services to put in the place the support that is wanted or needed by an individual to make the greatest impact. We work flexibly to support individuals at different stages of their life and will discuss how often we meet and where. We understand that needs change and we can respond to this as and when necessary. The assistance offered may range from accessing local services, addressing housing needs, accessing benefits, support to access treatment for drug or alcohol issues, referrals for mental health support, or engagement with the community justice teams.

How can you access us?

Referrals can be made by professionals with consent from the individual, or you can refer for support yourself by calling **01259 272112** or via **secure email at fv.transformfv@nhs.scot**