



TRANSFORM FORTH VALLEY

Compassion • Inclusion • Respect • Partnership

Transform Forth Valley is dedicated to empowering individuals and families to live a more fulfilled life.

We work with partners to actively challenge inequalities and to achieve sustainable change.



Who are we?

Transform Forth Valley offer a wide range of services to support individuals and families who are impacted by substance misuse and/or societal, financial or health inequalities.

What do we do?

We respond to identified need in Forth Valley and in partnership we support individuals and families to tackle Inequalities that diminish life chances.

We consider the whole person, building a firm foundation from which an individual or family can achieve positive and lasting change.

How do we do it?

We engage with people at the earliest opportunity to prevent issues from worsening.

We provide direct intervention and support to meet personal objectives.

We work in partnership and provide coordination to ensure all needs are being met.

Aims and objectives

- Identify and support the most vulnerable and hard to reach individuals in Forth Valley.
- Develop the awareness of the impact of substance misuse on young people, children and families.
- Increase self-confidence, self-management and self determination.
- Improve access to the right support services.
- Work in partnership to achieve better life chances and improved outcomes.

How can you access us?

Our range of services are introduced overleaf including their criteria for referral and contact details.



TRANSFORM FORTH VALLEY SERVICES



The Assertive Outreach Service

The Assertive Outreach Service operates a Mobile Outreach Vehicle within Falkirk, and with a focus on prevention and early intervention. It uses an intense harm reduction approach, targeting areas such as those being used for public alcohol consumption, injecting drug use or where near fatal and fatal overdoses have occurred.

You can call, text or Whatsapp the Service Manager, Lynn Couper, to arrange to meet on 07309780770 or via secure email at lynn.couper@nhs.scot



Time 4 Us

Time 4 Us works across Forth Valley providing support to children and families where they have been impacted by substance misuse. The service aims to increase parenting capacity, enhance children's self-esteem, confidence and resilience whilst supporting families to stay together, where it is in the child's best interest to do so. To refer into the Time 4 Us service, a 'Request for Assistance' form needs to be completed.

You can contact the Service Manager, Diane Cairns, on 07309780948 or 01259 272112 or via secure email at diane.cairns@nhs.scot



The Social Inclusion Project

Falkirk

The Social Inclusion Project (SIP) works with individuals over 16 within the area to access support and engage with community services. Those accessing the service have experience of problematic substance misuse, are currently offending or involved with anti-social behaviour and are not on a Justice order.

You can contact the Service Manager, Claire Hughes, on 07309780912 for an initial discussion or via secure email at claire.hughes4@nhs.scot



The Social Inclusion Project

Clackmannanshire and Stirling

The Social Inclusion Project (SIP) works with individuals over 16 within the area to access support and engage with community services. Those accessing the service have experience of problematic substance misuse, are currently offending or involved with anti-social behaviour and are not on a Justice order.

You can contact the Service Manager, Tracey Hatley, on 07309783391 for an initial discussion or via secure email at tracey.hatley@nhs.scot



The Alcohol Related Brain Injury (ARBI) Service Social Care Coordinator

The Alcohol Related Brain Injury (ARBI) Service is a multi-disciplinary team comprising of NHS Mental Health Nurses, NHS Support Workers, and a Social Care Coordinator. They work across the Forth Valley area using an assertive outreach model to engage, assess, and support individuals who potentially have ARBI or have a diagnosis of ARBI.

You can contact the Social Care Coordinator, Nicola Stewart, on 07309779226 or via secure email at nicola-jane.stewart@nhs.scot, and the ARBI Team on 01324 676670/01786 468281.