



TRANSFORM FORTH VALLEY

Compassion • Inclusion • Respect • Partnership

Transform Forth Valley is dedicated to empowering individuals and families to live a more fulfilled life.

We work with partners to actively challenge inequalities and to achieve sustainable change.



Assertive Outreach Service

The Assertive Outreach Service works across the Falkirk area to support individuals over 16, their families, and the local community to reduce the impact of problematic substance misuse.





Assertive Outreach Service

Who are we?

The Assertive Outreach Service operates a Mobile Outreach Vehicle allowing us to work within any Falkirk community, and with a focus on prevention and early intervention.

What do we do?

We have an intense harm reduction approach, targeting areas such as those being used for public alcohol consumption, injecting drug use or where near fatal and fatal overdoses have occurred.

We also run community drop ins as well as meeting people in their own homes.

Aim & objectives

- To reduce the harm caused by alcohol and other drugs, to individuals, their families and the communities in which we live.
- To help individuals develop the skills and confidence needed to support recovery
- To identify and reduce barriers to treatment or support
- To support engagement with substance misuse services
- To reduce harm
- To reduce the risk of fatal and near fatal overdose

How do we do it?

We take a recovery focused approach, always working in partnership with the individual. Where permission has been granted, we will work closely with other services to put in the place the support that is required and that makes the greatest impact.

We work flexibly to support individuals at different stages of recovery and will discuss how often we meet and where. We understand that needs change and we can respond to this as and when necessary.

How can you access us?

We can meet you at community drop-in sessions held in Falkirk, or at an agreed place of your choosing.

You can call, text or Whatsapp the Service Manager, Lynn Couper, to arrange to meet on 07309780770 or via secure email at lynn.couper@nhs.scot